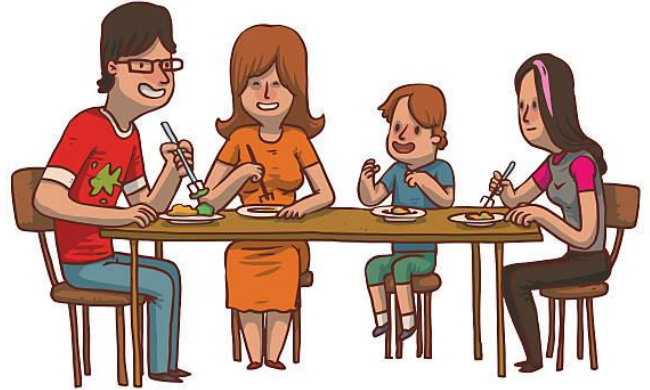


FAMILY DYNAMICS AGES 12-17

Training parent and teen to work together, directing family energy into positive communication; empowering the parents to become the leaders in the challenges of helping their child; and in helping increase the self-esteem of parent and child. Parent and child will learn communication skills and how to demonstrate respect for the varied personality styles.



COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2024 Schedule

Series 3: January 15 – March 4
or

Series 4: March 25 – May 13

Mondays 6:00-8:00 p.m.

Each series is 8 classes. Cost is \$20 per person. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 425-3840 or visiting www.bcjs.org

**Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR**

Coping with Character



Youth learn the tools and strategies for managing anger issues while learning character-based traits.

The class topics include:

- triggers of anger
- coping with your emotions
- redirecting your reactions in a positive way
- managing your anger

Character Education is a key component to this program as it encourages students think first and act responsibly.

COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2024 Schedule

Series 3: January 16 – March 5

or

Series 4: March 26 – May 14

Tuesdays 4:00-6:00 p.m.

Each series is 8 classes. Cost is \$30. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 425-3840 or visiting www.bcjs.org

**Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR**

ACTIVE PARENTING

Ages 5-11



Parents learn skills that help families with communication, recognizing feelings, problem solving, anger management and setting limits.

COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2024 Schedule

Series 3: January 16 – March 5
or

Series 4: March 26 – May 14

Tuesdays 6:00-8:00 p.m.

Each series is 8 classes. Cost is \$20. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 425-3840 or visiting www.bcjs.org

Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR

ACTIVE PARENTING

Ages Birth - 4

Parents learn skills that help families with communication, recognizing feelings, problem solving, anger management and setting limits.



COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2024 Schedule

Series 3: January 17 – March 6
or
Series 4: March 27 – May 15

Wednesdays 6:00-8:00 p.m.

Each series is 8 classes. Cost is \$20. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 425-3840 or visiting www.bcjs.org

Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR

LIFE SKILLS 101

The teen years are a challenging time for both youth and parents. This can particularly be intensified by high-risk behaviors and substance abuse. These difficulties can lead to life-long consequences when not addressed. All teens and families struggle with family conflict and trauma.

This class will teach the youth how to cope with life, make informed choices, and set goals for a successful future. Skills for life don't just happen, they have to be taught and learned.



COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2024 Schedule

Series 3: January 18 – March 7
or
Series 4: March 28 – May 16

Thursdays 4:00-6:00 p.m.

Each series is 8 classes. Cost: FREE!

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 425-3840 or visiting www.bcjs.org

**Classes held at Baxter County Juvenile Services / Family Resource Center:
312 Bomber Blvd., Mountain Home, AR**

Teen Substance Awareness

Care Center Ministries, 10Fourteen Youth Ministry, partners with Baxter County Juvenile Services to provide instructional & real-life approaches to overcome substance use.

Based on the twelve steps of recovery by addressing issues and concerns linked with substance use.



COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2024 Schedule

Series 3: January 18 - March 7

OR

Series 4: March 28 – May 16

Thursdays 6:00-8:00 p.m.

Each series is 8 classes. Cost is \$20 per person. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 425-3840 or visiting www.bcjs.org

**Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR**

Adult Anger Management

for men and women



Adults learn tools and strategies for managing anger issues. Class topics include, among others, triggers of anger, dealing with your anger, identify and apply coping skills, and how to redirect your anger and emotions.

COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2024 Schedule

January 18 – April 25

Thursdays 6:00 – 8:00 p.m.

The series is 13 classes. Cost is \$65. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

For more information, please call 425-3840 or visit www.bcjs.org

Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR

FRC Classes January 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <i>New Year's Day</i>	2	3	4	5	6
7	8	9	10	11	12	13
14	15 <u>Series Three Begins</u> Family Dynamics 6:00 – 8:00 p.m. Class 1 of 8 <i>Martin Luther King Day</i>	16 <u>Series Three Begins</u> Coping w/Character 4:00 – 6:00 p.m. Class 1 of 8 <hr/> Active Parenting 5-11 6:00-8:00 pm Class 1 of 8	17 <u>Series Three Begins</u> Active Parenting Birth-4 6:00 – 8:00 p.m. Class 1 of 8	18 <u>Series Three Begins</u> Life Skills 101 4:00 – 6:00 p.m. Class 1 of 8 Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 1 of 8 Adult Anger Management 6:00 – 8:00 p.m. Class 1 of 13	19	20
21	22 Family Dynamics 6:00 – 8:00 p.m. Class 2 of 8	23 Coping w/Character 4:00 – 6:00 p.m. Class 2 of 8 <hr/> Active Parenting 5-11 6:00-8:00 pm Class 2 of 8	24 Active Parenting Birth-4 6:00 – 8:00 p.m. Class 2 of 8	25 Life Skills 101 4:00 – 6:00 p.m. Class 2 of 8 <hr/> Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 2 of 8 <hr/> Adult Anger Management 6:00 – 8:00 p.m. Class 2 of 13	26	27
28	29 Family Dynamics 6:00 – 8:00 p.m. Class 3 of 8	30 Coping w/Character 4:00 – 6:00 p.m. Class 3 of 8 <hr/> Active Parenting 5-11 6:00-8:00 pm Class 3 of 8	31 Active Parenting Birth-4 6:00 – 8:00 p.m. Class 3 of 8	Location: Family Resource Center 312 Bomber Blvd. Mtn Home, AR www.bcjs.org		

FRC Classes February 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Location: Family Resource Center 312 Bomber Blvd. Mtn Home, AR www.bcjs.org</p>				1	2	3	
				Life Skills 101 4:00 – 6:00 p.m. Class 3 of 8	Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 3 of 8	Adult Anger Management 6:00 – 8:00 p.m. Class 3 of 13	
				4	5	6	7
	Family Dynamics 6:00 – 8:00 p.m. Class 4 of 8	Coping w/Character 4:00 – 6:00 p.m. Class 4 of 8	Active Parenting Birth-4 6:00 – 8:00 p.m. Class 4 of 8	Life Skills 101 4:00 – 6:00 p.m. Class 4 of 8	Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 4 of 8	Adult Anger Management 6:00 – 8:00 p.m. Class 4 of 13	Lunar New Year
11	12	13	14	15	16	17	
	Family Dynamics 6:00 – 8:00 p.m. Class 5 of 8	Coping w/Character 4:00 – 6:00 p.m. Class 5 of 8	Active Parenting Birth-4 6:00 – 8:00 p.m. Class 5 of 8 <i>Ash Wednesday Valentine's Day</i>	Life Skills 101 4:00 – 6:00 p.m. Class 5 of 8	Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 5 of 8	Adult Anger Management 6:00 – 8:00 p.m. Class 5 of 13	
18	19	20	21	22	23	24	
	Family Dynamics 6:00 – 8:00 p.m. Class 6 of 8 <i>President's Day</i>	Coping w/Character 4:00 – 6:00 p.m. Class 6 of 8	Active Parenting Birth-4 6:00 – 8:00 p.m. Class 6 of 8	Life Skills 101 4:00 – 6:00 p.m. Class 6 of 8	Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 6 of 8	Adult Anger Management 6:00 – 8:00 p.m. Class 6 of 13	
25	26	27	28	29			
	Family Dynamics 6:00 – 8:00 p.m. Class 7 of 8	Coping w/Character 4:00 – 6:00 p.m. Class 7 of 8	Active Parenting Birth-4 6:00 – 8:00 p.m. Class 7 of 8	Life Skills 101 4:00 – 6:00 p.m. Class 7 of 8	Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 7 of 8	Adult Anger Management 6:00 – 8:00 p.m. Class 7 of 13	

FRC Classes March 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="text-align: center;">Keep Arkansas Beautiful Month (Baxter & Marion Counties)</h2>					1	2
3	4	5	6	7	8	9
	<u>Series Three Ends</u> Family Dynamics 6:00 – 8:00 p.m. Class 8 of 8	<u>Series Three Ends</u> Coping w/Character 4:00 – 6:00 p.m. Class 8 of 8 Active Parenting 5-11 6:00-8:00 pm Class 8 of 8	<u>Series Three Ends</u> Active Parenting Blrth-4 6:00 – 8:00 p.m. Class 8 of 8	<u>Series Three Ends</u> Life Skills 101 4:00 – 6:00 p.m. Class 8 of 8 Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 8 of 8 Adult Anger Management 6:00 – 8:00 p.m. Class 8 of 13		
10 <i>Day Light Savings Begins</i>	11	12	13	14	15	16
17 <i>St. Patrick's Day</i>	18 <i>Spring Break No Classes</i>	19 <i>Spring Break No Classes 1st Day of Spring</i>	20 <i>Spring Break No Classes</i>	21 <i>Spring Break No Classes</i>	22	23
24 <i>Palm Sunday</i>	25	26	27	28	29 <i>Good Friday</i>	30
	<u>Series Four Begins</u> Family Dynamics 6:00 – 8:00 p.m. Class 1 of 8	<u>Series Four Begins</u> Coping w/Character 4:00 – 6:00 p.m. Class 1 of 8 Active Parenting 5-11 6:00-8:00 pm Class 1 of 8	<u>Series Four Begins</u> Active Parenting Blrth-4 6:00 – 8:00 p.m. Class 1 of 8	<u>Series Four Begins</u> Life Skills 101 4:00 – 6:00 p.m. Class 1 of 8 Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 1 of 8 Adult Anger Management 6:00 – 8:00 p.m. Class 9 of 13		
31 <i>Easter Sunday</i>	<p>Location: Family Resource Center 312 Bomber Blvd., Mtn Home, AR www.bcjs.org</p>					

FRC Classes April 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1	2	3	4	5	6	
	Family Dynamics 6:00 – 8:00 p.m. Class 2 of 8	Coping w/Character 4:00 – 6:00 p.m. Class 2 of 8 Active Parenting 5-11 6:00-8:00 pm Class 2 of 8	Active Parenting Blrth-4 6:00 – 8:00 p.m. Class 2 of 8	Life Skills 101 4:00 – 6:00 p.m. Class 2 of 8 Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 2 of 8 Adult Anger Management 6:00 – 8:00 p.m. Class 10 of 13			
	7	8	9	10	11	12	13
		Family Dynamics 6:00 – 8:00 p.m. Class 3 of 8	Coping w/Character 4:00 – 6:00 p.m. Class 3 of 8 Active Parenting 5-11 6:00-8:00 pm Class 3 of 8	Active Parenting Blrth-4 6:00 – 8:00 p.m. Class 3 of 8	Life Skills 101 4:00 – 6:00 p.m. Class 3 of 8 Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 3 of 8 Adult Anger Management 6:00 – 8:00 p.m. Class 11 of 13		
	14	15	16	17	18	19	20
	Family Dynamics 6:00 – 8:00 p.m. Class 4 of 8	Coping w/Character 4:00 – 6:00 p.m. Class 4 of 8 Active Parenting 5-11 6:00-8:00 pm Class 4 of 8	Active Parenting Blrth-4 6:00 – 8:00 p.m. Class 4 of 8	Life Skills 101 4:00 – 6:00 p.m. Class 4 of 8 Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 4 of 8 Adult Anger Management 6:00 – 8:00 p.m. Class 12 of 13			
21	22	23	24	25	26	27	
	Family Dynamics 6:00 – 8:00 p.m. Class 5 of 8 <i>Earth Day</i>	Coping w/Character 4:00 – 6:00 p.m. Class 5 of 8 Active Parenting 5-11 6:00-8:00 pm Class 5 of 8	Active Parenting Blrth-4 6:00 – 8:00 p.m. Class 5 of 8	Life Skills 101 4:00 – 6:00 p.m. Class 5 of 8 Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 5 of 8 Adult Anger Management 6:00 – 8:00 p.m. Class 13 of 13			
28	29	30	Location: Family Resource Center 312 Bomber Blvd. Mtn Home, AR www.bcjs.org				
	Family Dynamics 6:00 – 8:00 p.m. Class 6 of 8	Coping w/Character 4:00 – 6:00 p.m. Class 6 of 8 Active Parenting 5-11 6:00-8:00 pm Class 6 of 8					

FRC Classes May 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
Location: Family Resource Center 312 Bomber Blvd. Mtn Home, AR www.bcjs.org			Active Parenting Blrth-4 6:00 – 8:00 p.m. Class 6 of 8	Life Skills 101 4:00 – 6:00 p.m. Class 6 of 8 Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 6 of 8	Community Service Work/Project Day	
5	6	7	8	9	10	11
	Family Dynamics 6:00 – 8:00 p.m. Class 7 of 8	Coping w/Character 4:00 – 6:00 p.m. Class 7 of 8 Active Parenting 5-11 6:00-8:00 pm Class 7 of 8	Active Parenting Blrth-4 6:00 – 8:00 p.m. Class 7 of 8	Life Skills 101 4:00 – 6:00 p.m. Class 7 of 8 Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 7 of 8		
12	13	14	15	16	17	18
<i>Mother's Day</i>	<u>Series Four Ends</u> Family Dynamics 6:00 – 8:00 p.m. Class 8 of 8	<u>Series Four Ends</u> Coping w/Character 4:00 – 6:00 p.m. Class 8 of 8 Active Parenting 5-11 6:00-8:00 pm Class 8 of 8	<u>Series Four Ends</u> Active Parenting Blrth-4 6:00 – 8:00 p.m. Class 8 of 8	<u>Series Four Ends</u> Life Skills 101 4:00 – 6:00 p.m. Class 8 of 8 Teen Substance Abuse Awareness 6:00 – 8:00 p.m. Class 8 of 8		
19	20	21	22	23	24	15
				Community Service Work/Project Days		
26	27	28	29	30	31	
	<i>Memorial Day</i>					
31	Keep Arkansas Beautiful Month (Baxter & Marion Counties)					