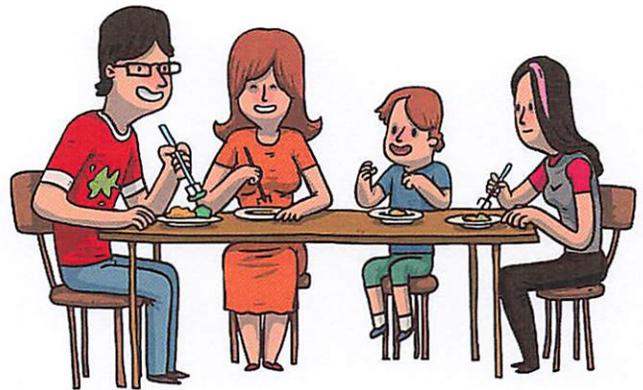


FAMILY DYNAMICS AGES 12-17

Training parent and teen to work together, directing family energy into positive communication; empowering the parents to become the leaders in the challenges of helping their child; and in helping increase the self-esteem of parent and child. Parent and child will learn communication skills and how to demonstrate respect for the varied personality styles.



COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2026 Schedule

Series 3: January 12 – March 2
OR

Series 4: March 9 – May 4

Mondays 6:00-8:00 p.m.

Each series is 8 classes. Cost is \$20 per person. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 870-425-3840 or visiting www.bcjs.org

**Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR**

Coping with Character



Youth learn the tools and strategies for managing anger issues while learning character-based traits.

The class topics include:

- triggers of anger
- coping with your emotions
- redirecting your reactions in a positive way
- managing your anger

Character Education is a key component to this program as it encourages students think first and act responsibly.

COMMUNITY CONNECTIONS
for Youth and Families, Inc.

Spring 2026 Schedule



Tuesdays or Thursdays 4:00-6:00 p.m.

Series 3: Tuesdays, January 13 – March 3

Thursdays, January 15 – March 5

or

Series 4: Tuesdays, March 10 – May 5

Thursdays, March 12 – May 7

Each series is 8 classes. Choose either Tuesday or Thursday night to attend.
Cost is \$30. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 870-425-3840 or visiting www.bcjs.org

Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR

ACTIVE PARENTING

Ages 5-11



Parents learn skills that help families with communication, recognizing feelings, problem solving, anger management and setting limits.

COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2026 Schedule

Series 3: January 13– March 3

or

Series 4: March 10– May 5

Tuesdays 6:00-8:00 p.m.

Each series is 8 classes. Cost is \$20. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 870-425-3840 or visiting www.bcjs.org

**Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR**

LiFe SKILLS 101

The teen years are a challenging time for both youth and parents. This can particularly be intensified by high-risk behaviors and substance abuse. These difficulties can lead to life-long consequences when not addressed. All teens and families struggle with family conflict and trauma.

This class will teach the youth how to cope with life, make informed choices, and set goals for a successful future. Skills for life don't just happen, they have to be taught and learned.



COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2026 Schedule

Series 3: January 14– March 4
or
Series 4: March 11 – May 6

Wednesdays 4:00-6:00 p.m.

Each series is 8 classes. Cost: FREE!

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

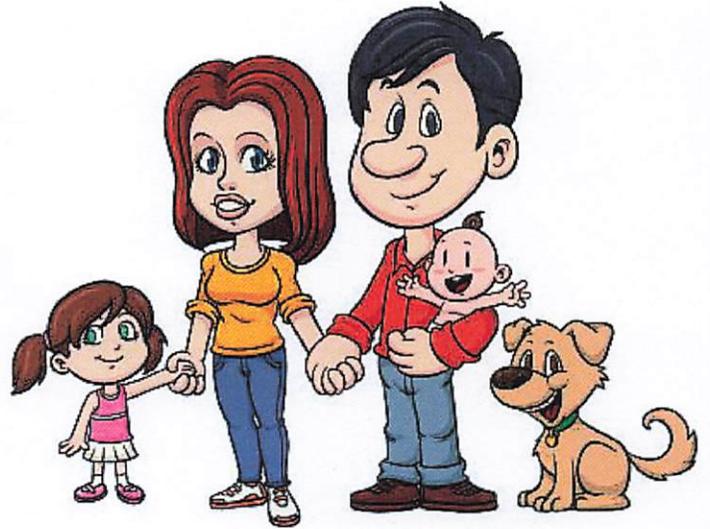
Enroll by calling 870-425-3840 or visiting www.bcjs.org

**Classes held at Baxter County Juvenile Services / Family Resource Center:
312 Bomber Blvd., Mountain Home, AR**

ACTIVE PARENTING

Ages Birth - 4

Parents learn skills that help families with communication, recognizing feelings, problem solving, anger management and setting limits.



COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2026 Schedule

Series 3: January 14 – March 4
or

Series 4: March 11 – May 6

Wednesdays 6:00-8:00 p.m.

Each series is 8 classes. Cost is \$20. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 870-425-3840 or visiting www.bcjs.org

**Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR**

Teen Substance Awareness

Care Center Ministries, 10Fourteen Youth Ministry, partners with Baxter County Juvenile Services to provide instructional & real-life approaches to overcome substance use.

Based on the twelve steps of recovery by addressing issues and concerns linked with substance use.



KINGDOM LIFE
- RECOVERY -

COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2026 Schedule

Series 3: January 15 - March 5

or

Series 4: March 12 – May 7

Thursdays 6:00-8:00 p.m.

Each series is 8 classes. Cost is \$20 per person. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

Enroll by calling 870-425-3840 or visiting www.bcjs.org

**Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR**

Adult Anger Management

for men and women



Adults learn tools and strategies for managing anger issues. Class topics include, among others, triggers of anger, dealing with your anger, identify and apply coping skills, and how to redirect your anger and emotions.

COMMUNITY CONNECTIONS
for Youth and Families, Inc.



Spring 2026 Schedule

January 15– April 16

Thursdays 6:00 – 8:00 p.m.

The series is 13 classes. Cost is \$65. Must pay cash or money order.

Classes will be held if the minimum number of participants enroll.

* Certificate of attendance available. *

For more information, please call 870-425-3840 or visit www.bcjs.org

**Classes held at Baxter County Juvenile Services / Family Resource Center
312 Bomber Blvd., Mountain Home, AR**

FRC Classes January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location: Family Resource Center 312 Bomber Blvd. Mtn Home, AR www.bcjs.org / (870) 425-3840				New Year's Day Gov't Holiday 1	2	3
4	5	6	7	8	9	10
11	12 <u>Series Three Begins</u> <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 1 of 8	13 <u>Series Three Begins</u> <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 1 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 1 of 8	14 <u>Series Three Begins</u> <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 1 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 1 of 8	15 <u>Series Three Begins</u> <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 1 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 1 of 8 <i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 1 of 13	16	17
18	M LK Jr Day Gov't Holiday 1 <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 2 of 8	20 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 2 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 2 of 8	21 <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 2 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 2 of 8	22 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 2 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 2 of 8 <i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 2 of 13	23	24
25	26 <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 3 of 8	27 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 3 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 3 of 8	28 <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 3 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 3 of 8	29 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 3 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 3 of 8 <i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 3 of 13	30	31

FRC Classes February 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 4 of 8	3 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 4 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 4 of 8	4 <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 4 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 4 of 8	5 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 4 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 4 of 8 <i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 4 of 13	6	7
8	9 <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 5 of 8	10 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 5 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 5 of 8	11 <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 5 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 5 of 8	12 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 5 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 5 of 8 <i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 5 of 13	13	14
15	16 Presidents' Day Gov't Holiday <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 6 of 8	17 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 6 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 6 of 8	18 <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 6 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 6 of 8	19 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 6 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 6 of 8 <i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 6 of 13	20	21
22	23 <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 7 of 8	24 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 7 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 7 of 8	25 <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 7 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 7 of 8	26 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 7 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 7 of 8 <i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 7 of 13	27	28
						<p>Location: Family Resource Center 312 Bomber Blvd. Mtn Home, AR www.bcjs.org / (870) 425-3840</p>

FRC Classes March 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 <u>Series Three Ends</u> <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 8 of 8	3 <u>Series Three Ends</u> <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 8 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 8 of 8	4 <u>Series Three Ends</u> <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 8 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 8 of 8	5 <u>Series Three Ends</u> <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 8 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 8 of 8 <i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 8 of 13	6	7	
8 Day Light Savings Begins	9 <u>Series Four Begins</u> <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 1 of 8	10 <u>Series Four Begins</u> <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 1 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 1 of 8	11 <u>Series Four Begins</u> <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 1 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 1 of 8	12 <u>Series Four Begins</u> <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 1 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 1 of 8 <i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 9 of 13	13	14	
15	16 <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 2 of 8	17 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 2 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 2 of 8	18 <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 2 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 2 of 8	19 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 2 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 2 of 8 <i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 10 of 13	20	21	
22	23 Spring Break No Classes	24 Spring Break No Classes	25 Spring Break No Classes	26 Spring Break No Classes	27	28	
29	30 <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 3 of 8	31 <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 3 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 3 of 8	Location: Family Resource Center 312 Bomber Blvd. Mtn Home, AR www.bcjs.org / (870) 425-3840				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<p>Location: Family Resource Center 312 Bomber Blvd. Mtn Home, AR www.bcjs.org / (870) 425-3840</p>			1	2	3	4			
				<p><i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 3 of 8</p> <p><i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 3 of 8</p>	<p><i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 3 of 8</p> <p><i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 3 of 8</p> <p><i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 11 of 13</p>				
			5	6	7	8	9	10	11
			<p><i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 4 of 8</p>	<p><i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 4 of 8</p> <p><i>Active Parenting 5-11</i> 6:00-8:00 pm Class 4 of 8</p>	<p><i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 4 of 8</p> <p><i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 4 of 8</p>	<p><i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 4 of 8</p> <p><i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 4 of 8</p> <p><i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 12 of 13</p>			
			12	13	14	15	16	17	18
<p><i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 5 of 8</p>	<p><i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 5 of 8</p> <p><i>Active Parenting 5-11</i> 6:00-8:00 pm Class 5 of 8</p>	<p><i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 5 of 8</p> <p><i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 5 of 8</p>	<p><i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 5 of 8</p> <p><i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 5 of 8</p> <p><i>Adult Anger Management</i> 6:00 – 8:00 p.m. Class 13 of 13</p>						
19	20	21	22	23	24	25			
<p><i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 6 of 8</p>	<p><i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 6 of 8</p> <p><i>Active Parenting 5-11</i> 6:00-8:00 pm Class 6 of 8</p>	<p><i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 6 of 8</p> <p><i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 6 of 8</p>	<p><i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 6 of 8</p> <p><i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 6 of 8</p>						
26	27	28	29	30					
<p><i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 7 of 8</p>	<p><i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 7 of 8</p> <p><i>Active Parenting 5-11</i> 6:00-8:00 pm Class 7 of 8</p>	<p><i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 7 of 8</p> <p><i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 7 of 8</p>	<p><i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 7 of 8</p> <p><i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 7 of 8</p>						

FRC Classes May 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location: Family Resource Center 312 Bomber Blvd. Mtn Home, AR www.bcjs.org / (870) 425-3840					1	2
3	4	5	6	7	8	9
	<u>Series Four Ends</u> <i>Family Dynamics</i> 6:00 – 8:00 p.m. Class 8 of 8	<u>Series Four Ends</u> <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 8 of 8 <i>Active Parenting 5-11</i> 6:00-8:00 pm Class 8 of 8	<u>Series Four Ends</u> <i>Life Skills 101</i> 4:00 – 6:00 p.m. Class 8 of 8 <i>Active Parenting Birth-4</i> 6:00 – 8:00 p.m. Class 8 of 8	<u>Series Four Ends</u> <i>Coping w/Character</i> 4:00 – 6:00 p.m. Class 8 of 8 <i>Teen Substance Abuse Awareness</i> 6:00 – 8:00 p.m. Class 8 of 8		
Mother's Day 10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	Memorial Day Gov't Holiday 25	26	27	28	29	30
31	 <h2>Happy Summer!</h2>					